



### Our Mission:

**"We welcome all, who with God's help, work to build a better world."**

## **"WEEKLY UPDATE" – Friday, November 29<sup>th</sup>, 2019**

**Music Leadership:** Allan Boothroyd

**Office Administrator:** Lisa Richards at 613-692-4576, Ext 221 [admin@manotickunitedchurch.com](mailto:admin@manotickunitedchurch.com)

**Worship Leadership:** **Rev. Angela Bailey**



**ALLERGIES:** As a courtesy to others please avoid bringing peanut/nut products of any kind and wearing perfume or cologne in the church. If you have an allergy we should be aware of, please advise the Office.

We would like to take this opportunity to acknowledge and thank the following participants for their gifts to our upcoming SERVICE. The support through their time and talent is greatly appreciated as it enhances our worship experience.

**Greeters:** Linda Dakin & Leanne Seeto  
**Scripture Reader:** Hilda Cleary  
**Sound Booth:** Steve Macko  
**Advent Candle:** Angelita Lapenskie  
**Counters:** The Albers Team  
**Sunday School:** Karen Hill & Sheila McGaw  
**Coffee:** Myrna Blaney & Evelyn Taylor



**COMMUNION SERVERS:** Mary Marg, Rev. Angela & Fraser and Joan & Richard

### PASTORAL CARE & CELEBRATIONS:

Please continue to pray for all those facing treatment, surgery, and those who are recovering from surgery and those grieving. If there are any concerns or celebrations that we may not be aware of also, please let us know, **OR** if you know someone in need of a visit/support, please ask them, or a family member, to contact the office at 613-692-4576. **Rev. Ed Gratton as graciously agreed to be our temporary Pastoral Supervisor (and pastoral emergencies).** His contact information is 613-822-6433, South Gloucester United Church or in an extreme emergency his cell at 613-204-6279.

### DECEMBER WORSHIP SCHEDULE:

Council thought it would be helpful to give you an overview of the month as it is such a busy time of the year and you will want to plan accordingly. The first Sunday of Advent is this coming Sunday, December 1<sup>st</sup> and will be a communion service. The following Sunday, December 8<sup>th</sup> is our White Gift Sunday and on Sunday, **December 15**, we will have our Welcome Back Baby for those infants who were christened during the past year and **the Sunday school will be presenting their Christmas Play** (which we know is always wonderful – so you don't want to miss it!) On Sunday, December 22<sup>nd</sup>, we will have Communion. You are invited to join us after the service as we thank Rev. Angela Bailey for her guidance and leadership during the past few months. For a number of reasons, the Council has decided that this year **ONLY**, we will only one Christmas Eve service and it will be our Family service at 5:30 p.m. **To those who would like to attend a later service, you are invited to join South Gloucester United Church at 8:30 p.m. or St. James Anglican Church (Manotick) offers a 9:30 pm Candle Light/Communion service.**

### You Are Invited:

The **Ottawa Valley Male Choir** is getting that *elf-ish* feeling again. Please join us for our annual Christmas concert to be held at **North Gower United Church on Sunday, December 15 at 7pm** for an evening of carols, hymns and a sing-along. Snacks and refreshments after the concert. Contact Chris at 613-258-7559 for tickets (\$12).

### CHRISTMAS MARKET UPDATE:

It was an incredible Christmas Market! The weather was beautiful, vendors were happy, customers were happy, volunteers were AMAZING!!! It was a beautiful day of community, laughter, fellowship and a wonderful fundraiser! Breakdown of money raised: **Bake Table:** \$2,261.80; **Café:** \$1,039.60; **Front Door:** \$611.20 (and a lot of donated food!); **MUC Table:** \$632.25; **Muffin Table** (ran by the children): \$60.75; **Silent Auction:** \$2,228; **Vendors:** \$1,230

**FOR A GRAND TOTAL OF: \$8,063.60!**

### LAST COMMUNITY DANCE FOR 2019!

Please join us TONIGHT (November 29) from 7 to 9:30 pm for the last community dance of 2019! All dances taught by caller Pippa Hall, live Celtic music with the Ever Hopeful String Band. Check out <http://dance.manotick.net> These dances are so much fun and they are for EVERY age!! The music is awesome (I dare you to keep your toe from tapping!)

**TICKETS AT THE DOOR:** Adult: \$10 / Ages 12 – 18: \$5 / under 12 free / FAMILY Rate: \$20

### Christmas Hampers:

Sign-up sheets are posted at the back of the church. Please deliver your *items by Sunday December 15*. If you are bringing in Gift cards, please give them directly to Joan Heard.

### White Gift:

Sunday, December 8 will be White Gift Sunday. **Children are** encouraged to bring a new toy **UNWRAPPED** (some will be used for our Christmas Hampers and the balance will be delivered to Toy Mountain). **Adults are** asked to bring new warm socks which will be delivered to the Shepherd's of Good Hope.

## REMINDERS:

### Congregational Meeting:

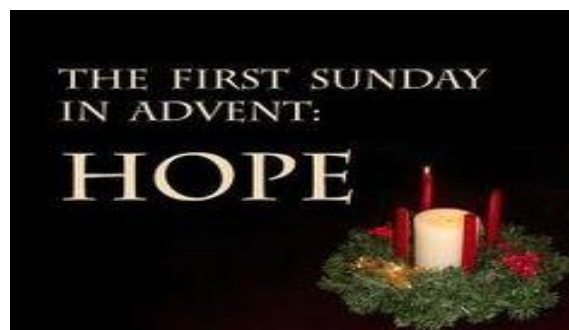
The Community of Faith Profile is READY! A congregational meeting is being called for **Sunday, December 8**, to present the profile – if approved, it will go to the Regional Pastoral Relations committee who can approve it at their meeting that week and then the Search for our new minister can begin!

### "Deck the Small Halls" Concert:

Please join us **on Saturday, December 7, at 7:30 pm.** for another Small Halls Concert. This time, the entertainment is being provided by Còig – and they are one of Atlantic Canada's most exciting Celtic traditional groups made up of four accomplished multi-instrumentalists. With the fiery Celtic high-energy style as its musical core, Còig easily shifts between century-old tunes of past generations to original and upbeat compositions, with driving tunes, haunting songs, and infectious energy, Còig is an unparalleled music force! If you buy your **tickets in advance (on-line through Small Halls) they are \$25**. If you wait until the **door, they are \$30**. Please join us – you will NOT be disappointed!

### Strength & Balance Programs at Manotick United Church:

Starting on Tuesday, January 7 and running to February 25<sup>th</sup>, **AND** starting on Thursday, January 9<sup>th</sup> and running to February 27<sup>th</sup>, Hiromi McPhail of Aging Gracefully (and who runs the Tai Chi program at MUC) is offering a strength and balance program. Both sessions will run from 9 to 10 am, in the Upper Hall, and **each** 8 week session is \$110. The benefits of this program are: reduce the risk of falling, increase bone density and muscle mass and to improve posture. Hiromi is an incredible instructor. You can register at [aginggracefullyottawa@gmail.com](mailto:aginggracefullyottawa@gmail.com) or call her at 613-304-6425. Visit her website at: [www.aginggracefullyottawa.com](http://www.aginggracefullyottawa.com) PLEASE LET HIROMI KNOW IF YOU ARE INTERESTED ... if she does not receive enough interest, she will not be able to run this valuable and helpful program. **Please share with family & friends!**



## CALENDAR & ACTIVITIES AT A GLANCE

### SUNDAYS

- ❖ Worship Service @ 10:00 am
- ❖ Communion – 1<sup>st</sup> Sunday in Advent - December 1<sup>st</sup>
- ❖ Baptism – none scheduled at this time

### MONDAYS

- ❖ Long Island Group (AA) – Lower Hall – 8 to 10 pm – (all year)
- ❖ NIA – Caroline Chapman – Upper Hall – 9:30 to 10:30 am (Sept 9 – Dec 16)
- ❖ Pilates – Anita Findlay – Upper Hall – 7:30 to 8:30 pm (Sept 9 – Dec 16)

### TUESDAYS

- ❖ Healing Pathway – 2<sup>nd</sup> & 4<sup>th</sup> Tuesday 11 am & Noon – Contact is Mary Marg at 613-692-0949
- ❖ Tai Chi – 10 to 11 am – Upper Hall – Contact Church Office – (all year)

### WEDNESDAYS

- ❖ Monkey Rock – Upper Hall – 9:15 am to 12:15 pm (all year)
- ❖ Christian Meditation Group – Sanctuary – 4:30 to 5:15 pm (all year)
- ❖ Tai Chi – Hiromi McPhail – Upper Hall – 7 to 8 pm (Sept 11 to Dec 18)
- ❖ Manotick Arts Camp – Lower Hall – Improv Group – 7 to 8:30 pm (Oct 9 to Dec 4)
- ❖ Monthly Council Meeting – the next REGULAR meeting will be January 15, 2020

### THURSDAYS

- ❖ Manotick Art Association – Lower Hall – 9:30 am to 12:30 pm (Oct 3 to May 28)
- ❖ J&J Art Classes – Lower Hall – 6 to 9 pm (Oct 24 to Nov 21)
- ❖ Music Ministry Practice – Sanctuary – 7 to 9 pm – all are welcome

### FRIDAYS

- ❖ Quiltz 4 Kidz – Upper Hall – 10 am to Noon
- ❖ Home School Co-op Program – Lower Hall – 10 am to Noon (Sept 27 to Nov 29)
- ❖ Wolfe Studios – Lower Hall – 6 to 7 pm (Sept 20 to Dec 20)



**Advent**  
The time to  
settle down,  
take a deep breath  
and concentrate on  
what's important.

*Have a wonderful weekend!*

*Lisa*

Lisa J. Richards, Office Administrator,  
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**PLEASE NOTE:** If you no longer wish to receive the Weekly Update – please send me an email. Thank you.